



Compagnie des Guides de Chamonix

190 place de l'église - 74400 Chamonix – France - Tél : + 33 (0)4 50 53 00 88

www.chamonix-guides.com - e-mail : info@chamonix-guides.com

ROCK CLIMBING - ROCK CLIMBING COURSE

Duration: 2

Level: ▲▲▲▲▲

Price from: 325 €

Opposite the Mont Blanc Massif, the Aiguilles Rouges offer an ideal setting for combining the excitement of rock climbing with breathtaking views. This area boasts numerous multi-pitch routes that are perfect for those looking to learn about bolted multi-pitch climbing. This climbing course serves as an opportunity to elevate your rock climbing skills to new heights. It's the logical progression for individuals who have already participated in our [rock climbing lessons](#) and [day-climbs](#).

Over these two days, as you climb various routes, you will gain the specific skills required for climbing bolted multi-pitch routes, including belaying, leading, and abseiling. Furthermore, you'll have the chance to refine your technique. You will be part of small groups, with a maximum of three or four participants, ensuring you receive high-quality, personalized guidance from your guide. This course is designed for teenagers and adults interested in learning about bolted multi-pitch climbs. Previous rock climbing experience is a requirement, such as climbing school or indoor climbing.

The objectives of the climbing course

- Learning the specific techniques required for multi-pitch climbing
- Enhancing your climbing techniques and skills
- Ability to lead French/sport grade 5 routes

ITINERARY

Day 1

Chéserys crag

Start from near the Col des Montets. Walk to the Chéserys site (40 mins) for an ideal gentle introductory session. Wide choice of routes depending on the specific expectations of group members.

Day 2

Brévent foothills crag

Start from Chamonix. We access Clocher de Planpraz sector via Planpraz lift. Wide choice of routes depending on the specific expectations of group members.

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2024 : 345€ per person based on minimum of 3 participants

Included in the package :

- IFMGA English speaking mountain guiding service
- lift access as per programme
- technical equipment: helmet, harness

Not included in the package :

- accommodation
- personal drinks and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point
- your climbing shoes

PRIVATE BOOKING

Private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date and the itinerary can be adjusted, according to your specific expectations.

Prices 2024 :

2 people : 625€ per person

3 people : 425€ per person

4 people : 325€ per person

Included in the package :

- IFMGA English speaking mountain guiding service
- lift access as per programme
- technical equipment: helmet, harness

Not included in the package :

- accommodation
- personal drinks and other personal expenses (we recommend you bring Euros)
- take out lunches and daily snacks
- cost of getting to meeting point
- your climbing shoes

FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience.

Meeting point : Meet at 8.30am at the Chamonix Guides office

Ability level : A previous rock climbing experience is required : crag climbing or indoor climbing, French grade IV

Guiding policy : 3 to 4 people. The Compagnie des Guides de Chamonix's guiding policy guarantees the most balanced groups as possible as well as high-quality personalised advice. *Minor, from 16 years old*

Accommodation : No accommodation included

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

EQUIPMENT

We recommend you take particular care over you choice of equipment, as it plays a large role in the success of your trip.

Technical equipment

- Light hiking shoes,
- Comfortable rock-climbing shoes & magnesia,
- Bring the technical gear you have (belay device, screw carabineers...)

Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent)
- Windproof, non-insulated pant

- 1 short (depending on conditions)
- Thick polar-pile fleece jacket or equivalent
- 1 long-sleeve shirt

Accessories

- High-altitude sunglasses (grade 3 is recommended),
- 1.0 or 1.5 quart water bottle (insulate if possible),
- Sun block for face and lips,
- 1 pocketknife,
- Camera

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports, Ravanel & Co & Concept Pro Shop](#)

Our Equipment Partners : [Millet, Dynastar, Julbo, Grivel & Monnet](#)