



Compagnie des Guides de Chamonix

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SKI TOURING - THE MONTE ROSA 4000M PEAKS

Duration: 4

Level: ▲▲▲▲▲

Price from: 940 €

The Monte Rosa massif includes a dozen peaks over 4000m high. This offers an outstanding playground for skiers, with some of the most spectacular descents in the Alps. Join us on the traverse from the Gressoney valley to Zermatt and an exploration of this extraordinary area. Straddling Italy and Switzerland, the range provides a stunning glaciated landscape and the opportunity to climb several 4000-metre peaks. This program is a logical extension of the [Chamonix-Zermatt Haute Route](#). It allows you to explore the other legendary mountains surrounding Zermatt and continue your high-altitude journey.

This tour is part of a series of ski tours that we have carefully set for you to explore the majestic mountains of the Swiss Valais region. Each of these tours promises an outstanding skiing experience in the heart of the breathtaking Alpine scenery. Spend an extraordinary night at the [Dent du Midi bivouac](#), set against a stunning backdrop. Revel in the [Saas Fee's 4,000-meter peaks](#), or explore the mountains between [Verbier and Zermatt](#).

ITINERARY

Day 1

Transfer from Chamonix to Italy's Gressoney valley via the Mont Blanc tunnel. We take the Gressoney-Alagna resort ski lifts from the village of Stafal for a short ski tour as warm up. Then, we go to the comfortable Orestes hut (2 625m), located within the resort's ski fields.

Vertical ascent: 500m / Vertical descent: 500m

Day 2

After a first descent to Gabiet, we take the ski lifts to Indren (3 275m), from where we head to the Montova hut (3 500m). Once again we can lighten our packs here before heading for our first 4000er: the Vincent Pyramid (4 215m). The gentle gradient of the slopes here is made for skiing. We descend via the same route to the hut, where we spend the night.

Vertical ascent: 940m / Vertical descent: 715m

Day 3

Destination Col de Lys (4 256m), followed by the Signalkuppe also known as the Punta Gnifetti (4 554m). Once again, the gentle slopes here provide optimal skiing conditions. There is a markedly glaciated feel to the terrain all along the ascent and there are some spectacular views. On the summit of the Signalkuppe we discover the remarkable Margherita hut, the highest guarded hut in the Alps. We descend via the Grenz glacier, which takes us to the Monte Rosa hut (2 883m), where we spend the night.

Vertical ascent: 1 054m / Vertical descent: 1 670m

Day 4

We leave along the Monte Rosa glacier in the direction of the Dufourspitze (4 634m). We take a break on the shoulder (4 150m), which has magnificent views over the previous day's descent route and the impressive north face of Liskamm. Now begins the long descent to Zermatt passing the lower slopes of the Breithorn (4 164m). This is without doubt one of the most spectacular descents in the Alps. Depending on the conditions, the exit from the Gorner glacier may require a short walk. We arrive in Zermatt in the early afternoon and transfer back to Chamonix, in option. *Vertical ascent: 1 270m / Vertical descent: 2 530m*

GROUP BOOKING

Group session associates several people who don't know each other. It allows for a planned program to benefit from an attractive price on fixed dates. This formula is ideal for people looking for the friendliness of a group.

Dates : See below for the group booking module

Price 2024 : 1050€ per person based on minimum of 4 participants

This price includes :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the price :

- take out lunches* and daily snacks, * *can be taken at the huts*
- personal drinks in huts and other personal expenses (we recommend you to bring Euros and Swiss Francs)
- cost of getting back to Chamonix (120 euros per person)
- personal technical equipment

PRIVATE BOOKING

A private booking is the historical relationship that binds a guide to his/her client. It allows you to be alone, or in a constituted group, with your guide that meets your specific needs. It is undoubtedly the ideal formula to realize your projects because it guarantees you a maximum of comfort. You are free to choose your departure date (depending on the availability of the huts) and the itinerary can be adjusted, according to your specific expectations.

Prices 2024 :

- 2 people : 1995€ per person
- 3 people : 1465€ per person
- 4 people : 1205€ per person
- 5 people : 1045€ per person
- 6 people : 940€ per person

The price includes :

- IFMGA English speaking mountain guiding service
- half-board in mountain huts (dinner, breakfast and night)
- ski lift access as per programme
- transfers as per programme
- rental of full safety kit (avalanche transceiver/DVA, shovel, probe)

Not included in the price :

- take out lunches* and daily snacks, * *can be taken at the huts*
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FURTHER INFORMATION

In this section, find all the information about this activity. To prepare your trip effectively, refer to the [guides' tips](#). They share their expertise and recommendations, ensuring you have a great experience.

Meeting point : Meet at 08:30 at the Compagnie des Guides office in Chamonix. Transfer by minibus to the departure point. Return to Chamonix from Zermatt optional

Fitness level : For people participating in regular endurance activities and are experienced ski tourers. Vertical ascent of up to 1300m per day. Seven to eight hours of exercise per day. Backpack includes mountaineering equipment (crampons and ice axe). Altitude of over 4000m.

Technical level : For advanced ski tourers. Slopes of varied type, a few technical sections (slopes up to 35°). Strong technique

in all snow conditions required. Basic mountaineering techniques (walking with crampons and ice axe) and ease with kick turns needed.

Guiding policy : 4 to 6 people.

Accommodation : Half-board in huts. Showers available on day 1.

Before & after the trip: We have some hotel partners in Chamonix with special prices for our customers.

Documentation : Participants must have mountain sports insurance with repatriation cover. We strongly recommend that this also includes cancellation cover. You can take out insurance when you sign up. Participants must also take valid ID with them.

EQUIPMENT

We recommend you to pay particular attention to the choice of your equipment. It contributes greatly to the success of your stay. Weight is decisive: you always have to evaluate the ratio weight/comfort, to find the best compromise.

Equipment

- Comfortable frameless rucksack of 35l on which you could fix your skis & ice-axe,
- Ski touring skis & shoes, *rentable*
- Adhesive climbing skins & ski knives adapted to your skis, *rentable*
- A pair of poles with large discs, *rentable*
- A pair of light crampons & an ice-axe, *rentable*
- A security pack including harness, DVA, shovel & probe - this pack will be lend by your guide.

Clothing

- Waterproof and windproof, non-insulated parka with hood (Gore-tex or equivalent), *rentable*
- Waterproof and windproof, non-insulated pants, *rentable*
- Thick polar-pile fleece jacket or equivalent,
- A light down jacket,
- 1 long-sleeve shirt,
- Medium weight thermal underwear (top + bottoms, silk or polypro, double as pyjamas),
- Warm ski socks,
- Warm ski hat and light sun hat with brim,
- Warm ski gloves or mittens,
- A pair of thinner/finer gloves (in leather or fleece),
- Neck protection,
- Spare thermal underwear (for sleeping and change).

Accessories

- High-altitude sunglasses (grade 4 is recommended),
- A pair of goggles,
- 1.5L water bottle,
- An isotherm bottle,
- A mini toilet bag including: sun block for face and lips, aspirin, elastoplast, 2nd skin kit, earplug, toilet paper,
- A headlamp with spare batteries,
- A cotton or silk sleeping sheet: compulsory in every hut. - Hut provide blankets, slippers or clogs
- A plastic bag containing your ID card & Euros for extras.

Our Rental Partners : You can rent your equipment with our rental shops partners and benefit from special price [Sanglard Sports](#), [Ravanel & Co](#) & [Concept Pro Shop](#)

Our Equipment Partners : [Millet](#), [Dynastar](#), [Julbo](#), [Grivel](#) & [Monnet](#)